

Race analysis 3000m Steeplechase Men

START TIME

21:20

5 SEP 2026

WORLD RECORD	7:52.11	GIRMA Lamecha	ETH	Paris (FRA)	9 JUN 2023
AREA RECORD	7:53.63	SHAHEEN Saif Saaeed	QAT	Bruxelles (BEL)	3 SEP 2004
AREA RECORD	7:57.80	RUPPERT Frederik	GER	Rabat (MAR)	31 MAY 2026
AREA RECORD	8:00.45	JAGER Evan	USA	Paris-St-Denis (FRA)	4 JUL 2015
DIAMOND LEAGUE RECORD	7:52.11	GIRMA Lamecha	ETH	Paris (FRA)	9 JUN 2023
MEETING RECORD	7:53.63	SHAHEEN Saif Saaeed	QAT	Bruxelles (BEL)	3 SEP 2004
WORLD LEAD	7:57.25	EL BAKKALI Soufiane	MAR	Rabat (MAR)	31 MAY 2026

Rank	Name		Nat								Result		Time Behind									
	400m		800m		1000m		1200m		1600m		2000m		2400m		2500m		2600m		2700m			
	2800m		2900m		Finish																	
1	GODANA Gemechu										ETH		8:08.67									
	1:04.5	(2)	2:11.4	(3)	2:47.6	(2)	3:22.6	(2)	4:29.5	(3)	5:34.2	(2)	6:39.1	(2)	6:55.4	(2)	7:11.0	(2)	7:26.0	(2)		
			1:06.9		36.2		35.0		1:06.9		1:04.7		1:04.9		16.3		15.6		15.0			
	7:40.3	(1)	7:54.5	(1)	8:08.67	(1)																
	14.3		14.2		14.1																	
2	EL BAKKALI Soufiane										MAR		8:10.03		1.36							
	1:06.0	(6)	2:11.5	(4)	2:47.9	(7)	3:23.2	(9)	4:30.0	(6)	5:34.5	(3)	6:39.4	(4)	6:55.6	(3)	7:11.2	(3)	7:26.3	(3)		
			1:05.5		36.4		35.3		1:06.8		1:04.5		1:04.9		16.2		15.6		15.1			
	7:40.7	(2)	7:55.1	(2)	8:10.03	(2)																
	14.4		14.4		14.9																	
3	KOECH Simon										KEN		8:11.15		2.48							
	1:06.4	(8)	2:11.1	(2)	2:47.6	(3)	3:22.7	(3)	4:29.2	(2)	5:34.0	(1)	6:39.0	(1)	6:55.3	(1)	7:10.9	(1)	7:25.9	(1)		
			1:04.7		36.5		35.1		1:06.5		1:04.8		1:05.0		16.3		15.6		15.0			
	7:41.1	(3)	7:56.5	(3)	8:11.15	(3)																
	15.2		15.4		14.6																	
4	QUERINJEAN Ruben										LUX		8:11.97		3.30							
	1:06.3	(7)	2:11.6	(5)	2:48.1	(8)	3:23.2	(8)	4:30.3	(9)	5:34.6	(4)	6:39.3	(3)	6:55.7	(4)	7:11.3	(4)	7:26.5	(4)		
			1:05.3		36.5		35.1		1:07.1		1:04.3		1:04.7		16.4		15.6		15.2			
	7:41.5	(4)	7:56.7	(4)	8:11.97	(4)																
	15.0		15.2		15.2																	
5	ARCE Daniel										ESP		8:14.03		5.36							
	1:07.5	(12)	2:12.5	(12)	2:47.9	(6)	3:23.0	(6)	4:30.1	(7)	5:35.1	(6)	6:39.7	(5)	6:55.9	(5)	7:11.6	(5)	7:26.9	(5)		
			1:05.0		35.4		35.1		1:07.1		1:05.0		1:04.6		16.2		15.7		15.3			
	7:42.8	(5)	7:58.8	(5)	8:14.03	(5)																
	15.9		16.0		15.2																	
6	SEREM Edmund										KEN		8:15.26		6.59							
	1:05.9	(4)	2:11.9	(7)	2:48.2	(9)	3:23.6	(12)	4:30.9	(12)	5:35.5	(8)	6:39.9	(7)	6:56.2	(6)	7:11.7	(6)	7:27.6	(6)		
			1:06.0		36.3		35.4		1:07.3		1:04.6		1:04.4		16.3		15.5		15.9			
	7:43.2	(6)	7:59.0	(6)	8:15.26	(6)																
	15.6		15.8		16.2																	
7	FIREWU Samuel										ETH		8:16.51		7.84							
	1:05.6	(3)	2:11.9	(8)	2:48.3	(11)	3:23.5	(11)	4:30.2	(8)	5:35.3	(7)	6:39.7	(6)	6:56.5	(7)	7:12.1	(7)	7:28.0	(7)		
			1:06.3		36.4		35.2		1:06.7		1:05.1		1:04.4		16.8		15.6		15.9			
	7:44.1	(7)	8:00.7	(7)	8:16.51	(7)																
	16.1		16.6		15.8																	

Race analysis 3000m Steeplechase Men

START TIME

21:20

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Rank	Name	Nat		Result		Time Behind					
		400m	800m	1000m	1200m	1600m	2000m	2400m	2500m	2600m	2700m
		2800m	2900m	Finish							
8	MIURA Ryuji	JPN		8:17.31		8.64					
		1:07.9 (13)	2:12.8 (13)	2:48.7 (13)	3:23.9 (13)	4:31.3 (13)	5:36.5 (12)	6:41.8 (12)	6:58.1 (12)	7:14.1 (11)	7:29.5 (9)
			1:04.9	35.9	35.2	1:07.4	1:05.2	1:05.3	16.3	16.0	15.4
		7:45.4 (9)	8:01.9 (8)	8:17.31 (8)							
		15.9	16.5	15.4							
9	BEBENDORF Karl	GER		8:18.63		9.96					
		1:07.1 (11)	2:12.2 (11)	2:48.5 (12)	3:23.2 (7)	4:30.4 (10)	5:35.8 (9)	6:40.8 (9)	6:57.3 (9)	7:13.2 (8)	7:29.1 (8)
			1:05.1	36.3	34.7	1:07.2	1:05.4	1:05.0	16.5	15.9	15.9
		7:45.0 (8)	8:02.2 (9)	8:18.63 (9)							
		15.9	17.2	16.4							
10	WILKINSON Matthew	USA		8:19.04		10.37					
		1:06.8 (10)	2:12.2 (10)	2:47.7 (4)	3:22.8 (4)	4:29.9 (5)	5:36.2 (10)	6:41.2 (11)	6:58.0 (11)	7:14.2 (12)	7:30.6 (11)
			1:05.4	35.5	35.1	1:07.1	1:06.3	1:05.0	16.8	16.2	16.4
		7:47.0 (11)	8:03.7 (10)	8:19.04 (10)							
		16.4	16.7	15.3							
11	SCHYNS Rémi	BEL		8:21.53		12.86					
		1:06.8 (9)	2:12.0 (9)	2:48.2 (10)	3:23.5 (10)	4:30.7 (11)	5:36.3 (11)	6:41.2 (10)	6:57.6 (10)	7:13.7 (9)	7:29.8 (10)
			1:05.2	36.2	35.3	1:07.2	1:05.6	1:04.9	16.4	16.1	16.1
		7:46.4 (10)	8:04.0 (11)	8:21.53 (11)							
		16.6	17.6	17.5							
	BEN YAZIDE Salah Eddine	MAR		DNF							
		1:05.9 (5)	2:11.8 (6)	2:47.8 (5)	3:23.0 (5)	4:29.9 (4)	5:35.0 (5)	6:40.5 (8)	6:57.1 (8)	7:13.9 (10)	
			1:05.9	36.0	35.2	1:06.9	1:05.1	1:05.5	16.6	16.8	
	KONES Wilberforce Chemiat	KEN		DNF							
		1:04.1 (1)	2:09.7 (1)	2:46.1 (1)	3:21.2 (1)	4:28.8 (1)					
			1:05.6	36.4	35.1	1:07.6					

Weather conditions

Temperature:

16 °C

Humidity:

68 %

Conditions:

Sky Clear

Legend

DNF Did Not Finish

PM Pacemaker

Website: brussels.diamondleague.com

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