

Event 101
1 OCT 2026 - 19:02

Women's 400m Freestyle

Results Summary

Event Number 1

	Record	Splits	Name	NAT Code	Location	Date
WR	3:50.25	55.14 1:53.53 2:51.94	McINTOSH Summer	CAN	Budapest (HUN)	10 DEC 2024
WC	3:51.87	55.75 1:54.10 2:53.22	PALLISTER Lani	AUS	Toronto (CAN)	23 OCT 2025

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
1	2	4	COLBERT Freya	GBR	8 MAR 2004	0.67	3:59.91	884
	25m 12.81	50m 27.15	75m 41.94	100m 56.77	125m 1:11.77	150m 1:26.89	175m 1:42.17	200m 1:57.38
		14.34	14.79	14.83	15.00	15.12	15.28	15.21
225m 2:12.66	250m 2:27.93	275m 2:43.35	300m 2:58.74	325m 3:14.27	350m 3:29.67	375m 3:45.18		
15.28	15.27	15.42	15.39	15.53	15.40	15.51	14.73	
2	2	3	PEPLOWSKI Anna	CLB	25 SEP 2002	0.75	4:00.47	877
	25m 12.99	50m 27.59	75m 42.49	100m 57.53	125m 1:12.94	150m 1:28.46	175m 1:43.91	200m 1:59.55
		14.60	14.90	15.04	15.41	15.52	15.45	15.64
225m 2:14.88	250m 2:30.25	275m 2:45.43	300m 3:00.70	325m 3:15.73	350m 3:30.84	375m 3:45.97		
15.33	15.37	15.18	15.27	15.03	15.11	15.13	14.50	
3	2	2	YAN Tiaoshan	CHN	8 MAR 2010	0.68	4:00.70	875
	25m 12.72	50m 27.72	75m 42.67	100m 57.68	125m 1:12.91	150m 1:28.34	175m 1:43.86	200m 1:59.42
		15.00	14.95	15.01	15.23	15.43	15.52	15.56
225m 2:14.75	250m 2:30.10	275m 2:45.28	300m 3:00.68	325m 3:15.86	350m 3:31.26	375m 3:46.25		
15.33	15.35	15.18	15.40	15.18	15.40	14.99	14.45	
4	2	5	DEANS Caitlin	NZL	5 DEC 1999	0.75	4:01.30	868
	25m 13.45	50m 28.11	75m 42.89	100m 57.99	125m 1:13.13	150m 1:28.49	175m 1:43.79	200m 1:59.27
		14.66	14.78	15.10	15.14	15.36	15.30	15.48
225m 2:14.73	250m 2:30.17	275m 2:45.67	300m 3:01.19	325m 3:16.33	350m 3:31.70	375m 3:46.84		
15.46	15.44	15.50	15.52	15.14	15.37	15.14	14.46	
5	2	8	GAN Ching Hwee	SGP	22 JUL 2003	0.61	4:01.94	861
	25m 13.28	50m 28.02	75m 43.03	100m 58.06	125m 1:13.44	150m 1:28.68	175m 1:44.26	200m 1:59.59
		14.74	15.01	15.03	15.38	15.24	15.58	15.33
225m 2:15.23	250m 2:30.60	275m 2:46.16	300m 3:01.50	325m 3:17.01	350m 3:32.36	375m 3:47.72		
15.64	15.37	15.56	15.34	15.51	15.35	15.36	14.22	
6	2	7	KOBORI Waka	JPN	10 AUG 2000	0.71	4:02.09	860
	25m 13.45	50m 28.38	75m 43.46	100m 58.64	125m 1:14.11	150m 1:29.42	175m 1:44.83	200m 2:00.28
		14.93	15.08	15.18	15.47	15.31	15.41	15.45
225m 2:15.58	250m 2:30.99	275m 2:46.45	300m 3:01.89	325m 3:17.20	350m 3:32.52	375m 3:47.76		
15.30	15.41	15.46	15.44	15.31	15.32	15.24	14.33	
7	2	0	COETZEE Dune	RSA	14 MAY 2002	0.70	4:04.97	830
	25m 13.35	50m 28.30	75m 43.38	100m 58.80	125m 1:14.11	150m 1:29.83	175m 1:45.33	200m 2:00.90
		14.95	15.08	15.42	15.31	15.72	15.50	15.57
225m 2:16.49	250m 2:32.38	275m 2:47.80	300m 3:03.25	325m 3:18.65	350m 3:34.17	375m 3:49.70		
15.59	15.89	15.42	15.45	15.40	15.52	15.53	15.27	
8	2	6	FAN Yaqi	CHN	12 FEB 2011	0.65	4:06.57	814
	25m 13.00	50m 27.93	75m 42.92	100m 58.02	125m 1:13.22	150m 1:28.61	175m 1:44.06	200m 1:59.50
		14.93	14.99	15.10	15.20	15.39	15.45	15.44
225m 2:15.17	250m 2:30.82	275m 2:46.66	300m 3:02.77	325m 3:18.89	350m 3:35.08	375m 3:51.03		
15.67	15.65	15.84	16.11	16.12	16.19	15.95	15.54	
9	2	1	KALANDADZE Anna Sofia	GEO	21 JUL 2001	0.68	4:07.05	809
	25m 13.56	50m 28.52	75m 43.75	100m 59.15	125m 1:14.62	150m 1:30.25	175m 1:45.87	200m 2:01.47
		14.96	15.23	15.40	15.47	15.63	15.62	15.60
225m 2:16.94	250m 2:32.68	275m 2:48.35	300m 3:04.25	325m 3:20.02	350m 3:36.04	375m 3:51.72		
15.47	15.74	15.67	15.90	15.77	16.02	15.68	15.33	
10	1	5	HUGO Shannon	RSA	29 JAN 2010	0.81	4:25.95	648
	25m 14.02	50m 29.19	75m 44.98	100m 1:01.04	125m 1:17.70	150m 1:34.56	175m 1:51.94	200m 2:09.18
		15.17	15.79	16.06	16.66	16.86	17.38	17.24
225m 2:26.60	250m 2:43.82	275m 3:01.09	300m 3:18.55	325m 3:35.89	350m 3:52.66	375m 4:09.76		
17.42	17.22	17.27	17.46	17.34	16.77	17.10	16.19	
11	1	4	GNUSINA Anastasiya	AZE	20 JAN 2012	0.78	4:26.42	645
	25m 14.56	50m 30.32	75m 46.63	100m 1:03.02	125m 1:19.80	150m 1:36.68	175m 1:53.72	200m 2:10.67
		15.76	16.31	16.39	16.78	16.88	17.04	16.95
225m 2:27.77	250m 2:44.67	275m 3:01.91	300m 3:19.00	325m 3:36.10	350m 3:53.13	375m 4:10.34		
17.10	16.90	17.24	17.09	17.10	17.03	17.21	16.08	

Official Timekeeping by Omega

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Results Summary

Event Number 1

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
12	1	3	MIRENSKAYA Valeriya	TKM	24 JAN 2007	0.72	5:03.27	437
	25m 14.89	50m 32.30	75m 50.13	100m 1:08.36	125m 1:27.31	150m 1:46.59	175m 2:06.08	200m 2:25.36
		17.41	17.83	18.23	18.95	19.28	19.49	19.28
	225m 2:45.06	250m 3:04.80	275m 3:24.66	300m 3:44.76	325m 4:04.53	350m 4:24.42	375m 4:44.07	
	19.70	19.74	19.86	20.10	19.77	19.89	19.65	19.20

Legend:

R.T. Reaction Time **WC** World Cup Record **WR** World Record

Official Timekeeping by Omega